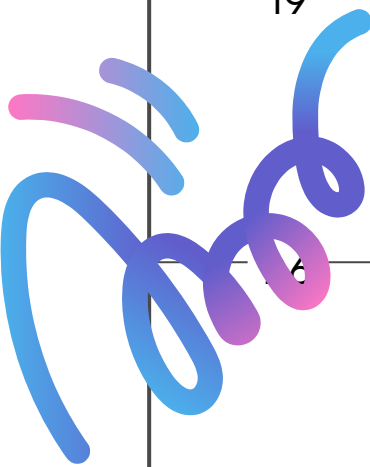


Sunrise Sunset Calendar May 2024

Bethany: 603-659-4469

MAY



2024



SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1 Munch N Learn: Hike with Mike: 10 Canasta: 1:30pm Chair Yoga: 2pm Consciousness Studies 6pm	2 Walkers: 8am Bonebuilders: 9 Lunch: 11:30 BINGO: 1:00 Bridge: 3:15	3 Strummers: 10am NEWMARKET CARES Tech help: 12-2	4 Chair Yoga: 9am
5	6 Craft Social: 10am Book Club: 1pm Bridge Club: 3:15	7 Walkers: 8am Bone Builders: 9 Lunch: 11:30 Mahjong: 12:30 BINGO: 1pm Mat Yoga: 4pm	8 Munch N Learn: Music Hall: 10am VNA Foot Clinic 603-580-8753 Canasta: 1:30pm Chair Yoga: 2pm	9 Walkers: 8am Bonebuilders: 9 MOW Special : 11:30 RSVP Lynn: 659-3150 BINGO: 1:00 Bridge: 3:15	10 Strummers: 10am TRIVIA 1pm	11 Chair Yoga: 9am
12	13 Abilities PT: 9:15 Crafts: Watercolor Mountains: 10am Ireland Info Meet w/Collette: 1pm Bridge Club: 3:15	14 Walkers: 8am Bone Builders: 9 Lunch: 11:30 Mahjong: 12:30 BINGO: 1pm Mat Yoga: 4pm	15 Emery Farms: 10 Canasta: 1:30pm Chair Yoga: 2pm Newmarket 300:6	16 Walkers: 8am Bonebuilders: 9 Lunch: 11:30 BINGO: 1:00 Bridge: 3:15	17 <i>Strummers Away</i> Garden prep: 2pm	18 Chair Yoga: 9am
19	20 Abilities PT: 9:15 Crafts: Knit & Crochet: 10am Caring Connections: 2 Bridge Club: 3:15	21 Walkers: 8am Bone Builders: 9 Lunch: 11:30 Mahjong: 12:30 BINGO: 1pm Mat Yoga: 4pm	22 Birdwatching: 9:30 Canasta: 1:30pm Chair Yoga: 2pm	23 Walkers: 8am Bonebuilders: 9 Lunch: 11:30 BINGO: 1:00 Bridge: 3:15	24 Strummers: 10am	25 Chair Yoga: 9am
26	27 CLOSED	28 Walkers: 8am Bone Builders: 9 Lunch: 11:30 Mahjong: 12:30 BINGO: 1pm Mat Yoga: 4pm	29 Wentworth: 9 Canasta: 1:30pm Chair Yoga: 2pm	30 Walkers: 8am Bonebuilders: 9 Lunch: 11:30 BINGO: 1:00 Bridge: 3:15	31 Strummers: 10am Garden Planting: 1pm	1