

Sunrise Sunset Calendar January 2025

Bethany: 603-659-4469

2025

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
			CLOSED	11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Trivia	9am: Chair Yoga
5	6	7	8	9	10	11
	10am: Crafts: Beading 1pm: Book Club 2:45: Tech Help 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	Foot Clinic by Appt: 603-702-8203 11am- Luncheon Pathways Health 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Corn Hole	9am: Chair Yoga
12	13	14	15	16	17	18
	10am: Crafts: Cards for Kindness 1pm: Travel/ Event Meeting 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	<i>Beth at Rec Ctr</i> 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Scrabble	9am: Chair Yoga
19	20	21	22	23	24	25
	CLOSED	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	9:30 Trip: Brook Casino 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch MOW Special RSVP Lynn: 659-3150 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Comedian David Sikes	9am: Chair Yoga
26	27	28	29	30	31	1
	10am: Crafts: Knit & crochet 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	9:30 Trip: Wentworth Senior Living Bunch 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Cribbage	

