

Sunrise Sunset Calendar February 2025

Bethany: 603-659-4469

FEBRUARY



SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
						9am: Chair Yoga
2	3	4	5	6	7	8
	10am: Crafts 1pm: Book Club 2:45: Tech Help 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	9am Breakfast Meetup: Emery Farm 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Song & Poetry Writing	9am: Chair Yoga
9	10	11	12	13	14	15
	10am: Crafts 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	Foot Clinic by Appt: 603-702-8203 10: Munch N Learn NAMI: Self Care 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch MOW Special RSVP Lynn: 659-3150 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Trivia	9am: Chair Yoga
16	17	18	19	20	21	22
	CLOSED	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	9:15 Trip: UNH Dance 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Chili/Chowder/ Soup Cook Off!	9am: Chair Yoga
23	24	25	26	27	28	1
	10am: Crafts: Knit & crochet 3:15: Bridge Club	9: Bonebuilders 11:30 Lunch 12: Mahjong 1pm: BINGO 4: Mat Yoga	<i>Beth working from Home</i> 1:30: Canasta 2: Chair Yoga	9: Bonebuilders 11:30 Lunch 1pm: BINGO 3:15: Bridge	10: Strummers 1pm: Paint Day with Erin	

